GRACE

(EVEN)

We gather together today to celebrate and to give **thanks** for the many gifts that have been given to us:

- ~ for our friends and for our families, here today or not;
- ~ for all our fellow creatures with whom we share the world and without whom our time on this planet would be barren and profoundly lonely;
- ~ for the beautiful and wondrous natural world in which we get to spend our time;
- ~ for our miraculous bodies for which we try to show our appreciation by keeping them in good health;
- ~ and, for our glorious gift of free will with which we try to make compassionate choices.

We give thanks for all of these. And we ask for guidance to not take any of them for granted.

We also humbly ask for special blessings:

- ~ for everyone here today, and those who are not;
- ~ for children who go to bed hungry and unprotected;
- ~ for voiceless animals---our friends---who are oppressed, abused and exploited;
- ~ for Mother Earth---our home---to keep her safe from the ravages of pillage and greed;
- ~ for anyone and everyone suffering in pain or confusion.

We humbly ask for these special blessings.

Now let's take a moment of silence here to give thanks for our individual blessings. [-- pause--]

May we keep peace and compassion in our hearts throughout the year.

Thank you!

11-19-23